

2023 Select EX Step Therapy Enhancement Program

The goal of Elixir's Step Therapy Enhanced Program is to direct members to lower costing alternatives which have demonstrated similar safety and effectiveness when compared to higher costing drugs used to treat given medical conditions. Step Therapy categories are designed to save plan and member costs for each step-two to step-one conversion. Modifications are made to the program as drugs become available generically and/or the costs of drugs change. The list is not all-inclusive and does not guarantee coverage. For specific questions about your coverage, please visit elixirsolutions.com.

STEP THERAPY CATEGORY	STEP-ONE MEDICATIONS	STEP-TWO MEDICATIONS
Acne - Oral antibiotics	doxycycline hyclate (Vibramycin), doxycycline monohydrate (Adoxa), minocycline IR	doxycycline (Acticlate, Targadox*), doxycycline ER (Doryx*), minocycline ER (Solodyn*)
Antiglaucoma - Rho Kinase Inhibitors	bimatoprost, latanoprost, travoprost	Rhopressa, Rocklatan
Antigout	allopurinol	febuxostat*
Blood Pressure - Angiotensin Receptor Blockers	candesartan, irbesartan, irbesartan/HCTZ, losartan, losartan/HCTZ, olmesartan, olmesartan/HCTZ, telmisartan, valsartan, valsartan/HCTZ	candesartan/HCTZ*, telmisartan/HCTZ*
Diabetes - Continuous Glucose Monitors (CGM)	Afrezza, rapid acting insulin, regular insulin	Dexcom G5/G6, FreeStyle Libre
Diabetes - Insulin Combination	Insulin or metformin containing products	Soliqua, Xultophy
Insomnia	generic nonbenzodiazepine hypnotic agents	Ambien, Belsomra, Dayvigo, Edular, Intermezzo, Lunesta, Quviviq, Rozerem, Silenor, Zolpimist
Migraine - Triptans	naratriptan, rizatriptan, oral sumatriptan, oral zolmitriptan	almotriptan*, eletriptan*, frovatriptan*, Imitrex, Maxalt*, Onzentra, sumatriptan nasal, Zomig, zolmitriptan nasal*
Muscle Relaxants	Baclofen, carisoprodol 350 mg, chlorzoxazone, cyclobenzaprine 5mg and 10 mg (Flexeril), methocarbamol, orphenadrine, tizanidine	carisoprodol 250 mg, cyclobenzaprine 7.5 mg*, matakalone*
Nasal Steroids	budesonide (Rhinocort AQ), flunisolide (Nasalar), fluticasone propionate (Flonase)	Beconase AQ, mometasone*, Omnaris
Osteoporosis - Bisphosphonates	alendronate, ibandronate	risedronate
Urinary Incontinence	oxybutynin (SR), tolterodine (ER), trospium (ER)	darifenacin*, Detrol, Ditropan, Gemtesa, Gelnique Gel 10%, Myrbetriq, Oxytrol patch, solifenacin*, Toviaz

KEY: ER = Extended Release • IR = Immediate Release • SR = Sustained Release • * Both brand and generic products
 Note: This list is subject to change. Last clinical update October 2022. Effective January 1, 2023.

As your pharmacy benefit manager, Elixir is here to help!
Call us at 800-771-4648 or visit elixirsolutions.com.

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