

## Optional Self-Referral for Care Management

If you would like a member of our Care Management team to contact you, please complete the information below. Our Care Management nurses can assist you in obtaining optimal medical and pharmacological services for complex medical conditions (such as diabetes, asthma, heart disease, etc.)  
**Care Management services are provided at no cost!**

Please send this form to us via **fax (417) 269-2919**. We look forward to helping you!

Your First/Last Name: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Most convenient way to reach you by phone between 8:00AM – 5:00PM, M-F:**

Home: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Your Primary Care Provider (First, Middle, Last Name): \_\_\_\_\_

Location: \_\_\_\_\_ Phone: \_\_\_\_\_

Spouse Primary Care Provider: \_\_\_\_\_ Location: \_\_\_\_\_

Dependent Name/Primary Care Provider: \_\_\_\_\_ Location: \_\_\_\_\_

Dependent Name/Primary Care Provider: \_\_\_\_\_ Location: \_\_\_\_\_

Pharmacy: \_\_\_\_\_ Location: \_\_\_\_\_

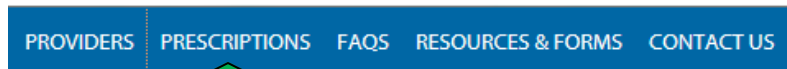
**Please check all that apply:**

- I would like to discuss my medical care.
- I would like to review my prescriptions.

**Changing Networks and need a New PCP?** Call the CoxHealth System's **(417) 269-INFO** line to get help finding a provider and scheduling an appointment.

**Members needing assistance such as the above may call (417) 269-2813 to speak with a Nurse Care Manager.** Our goal is to help individuals experience the least amount of disruption to their care as possible, so please take advantage of this service!

**Members can also view the current prescription drug coverages** on [thinkinghealthforward.com](http://thinkinghealthforward.com) by clicking on word "PRESCRIPTIONS" at the top of the homepage (*see below*):



For any **prescription questions** or further assistance, please call **(417) 269-2813**

